

# Volleyball Programs

## Middle School Academy Program

**Players:** Girls & Boys in Middle School

**Meets:** Sept. 9 to Nov. 1,

Designed for beginners to advanced skill level. Teams will be formed according to skill level and training will include game play, scrimmages and intro to tournament style play. Conclusion of the program will consist of teams attending a tournament with a nearby club. All players will receive a game shirt.

*\*All players must attend an evaluation day for placement on a team – see website for eval dates.*

**Eval dates:** Aug. 7 – 1pm-2pm  
Aug. 22 – 6pm-7pm

Aug. 14 & 15 – 1pm-2pm and 6pm-7pm  
Aug. 24 - 11am-12pm

Program	Age Group	Days	Dates
Middle S. Program	Middle School	8 Weeks	9/9-11/1
Diggers Program	9-11 yrs old	7 Weeks	9/15-10/27
Club Prep	High School Girls	7 Weeks	9/15-10/27

**Register by 8/19/19 for any of our programs and receive \$5.00 off – Use Code: XVA5**