

HEART. HUSTLE. HOCKEY.

Coach: Adrienne Benitez, former Division I athlete

INDOOR WINTER FIELD HOCKEY CLINICS

(SWEAT FITNESS:607 Myrtle Ave, Boonton, NJ 07005)



- Grades 4-6 Tuesdays Nov-Jan (11/9, 11/16, 11/23, 11/30, 12/7, 12/14, 1/4, 1/11, 1/18, 1/25) 10 weeks 3:45-4:45pm
- Grades 7-12 Wednesdays Dec-Feb (12/8, 12/15, 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23) 10 weeks 3:45-4:45pm
- Grades K-1 Saturdays Feb-Mar (2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26) 8 weeks 12-1pm
- Grades 2-3 Saturdays Feb-Mar (2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26) 8 weeks 1-2pm

Please complete the appropriate google registration form below. You can venmo payment @Adrienne-Benitez

10 week clinics \$300

8 week clinics \$240

Grades 9-12 <https://forms.gle/KioR2jM6Tt7tDhzy9>

Grades 4-8 <https://forms.gle/umXBb757uyCW3iy87>

Grades K-3 <https://forms.gle/HUx4VcnxaWWUqMJz6>

