

# Remembering T.J.

A story of Teen Depression, Lessons and Hope

On December 1, 2010 T.J. died by suicide. A boy with so much love and potential. How could he do that? T.J.'s parents Wendy and Steve, and his older brother Matt share T.J.'s story of living with depression.

*The program gives us all a view of what teen depression looks like and educates us to pay close attention to mental health and emotions. Furthermore, they discuss the red flags that are often dismissed as typical teenage behavior.*

**Please join other parents on Friday February 10 at 7:30 pm for this powerful and moving program.**

**Topic:** Teenage Suicide

**Place:** Central Middle School Media Center

**Day and Time:** Friday February 10 at 7:30pm

Please RSVP to [dyarosz@pthsd.net](mailto:dyarosz@pthsd.net) to confirm your attendance.  
Drop ins are welcome at the time of event.