



The Parsippany Troy-Hills
Public Library System
A World of Ideas



A PARSIPPANY LIONS CLUB INITIATIVE

STEP UP GOOD HEALTH STEP DOWN DIABETES

ZUMBA YOUR WAY TO A
HEALTHIER LIFESTYLE

FREE
FOR UNDER 18
Adults - \$10 Each
as donation



JOIN US IN THE FIGHT AGAINST DIABETES AND
PARTICIPATE IN 'DANCE FOR DIABETES'

BENEFITS OF DANCE THERAPY

- BETTER HEART HEALTH
- BETTER METABOLISM
- IMPROVED BALANCE
- LOWERED STRESS
- MORE ENDURANCE

NEED WE SAY MORE?

SAVE THE DATE



SATURDAY JUNE 24, 2023
2 PM TO 4 PM EST



PARSIPPANY TROY-HILLS LIBRARY
449 HALSEY ROAD,
PARSIPPANY, NJ 07054

COME OUT AND SUPPORT!

REGISTER NOW

<https://bit.ly/SupportDanceForDiabetes>

LIMITED SEATS
BOOK YOUR SLOT NOW!

For Donations and Sponsorships:
info@parsippanylionsclub.org

Pay Now!



SEND PAYMENT TO
862-579-8822



venmo

SCAN
QR
TO
DONATE