



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY KIDS DAY

FREE FAMILY FUN!

SATURDAY, APRIL 21

FROM 12-2PM



LAKELAND HILLS FAMILY YMCA

FAMILY FUN ACTIVITIES

- “Chopped” family cooking challenge using “Mystery bag” ingredients
- Open Swim (limited time slots)
- Gym Inflatables
- Local Health & Wellness Professionals



WHAT ELSE TO KNOW

- Pre-registration Required
- Last Check-In at 1pm
- Open to the Community



LAKELAND HILLS FAMILY YMCA

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18SPE HEALTHYKIDS