



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY KIDS DAY

FREE FAMILY FUN!

WOW!
SUPER!
COOL!

**SATURDAY, APRIL 29 FROM 12-2PM
LAKELAND HILLS FAMILY YMCA**

AMAZING FAMILY PRIZES

- Family Membership to the Y
- One Free Session of Summer Camp
- NY Red Bulls MLS Soccer Game (2 tickets)
- Somerset Patriots Minor League Baseball Game (4 tickets)
- \$500 Gift Card to Kalahari Resorts

FAMILY FUN ACTIVITIES

- "Chopped" family cooking challenge
- Open Swim (limited time slots)
- "Music to My Ears" Musical Performance
- Gym Inflatables
- Local Health & Wellness Professionals
- Young Picasso Art Studio
- STEM Activities
- Family Yoga
- Family Games with Camp Staff
- Start your own Take-Home Garden

WHAT ELSE TO KNOW

- No Registration Necessary
- Last Check-In at 1pm

LAKELAND HILLS FAMILY YMCA

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