



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Atlantic  
Health System

# SUBSTANCE ABUSE AMONG TEENS

**PART OF PARENT & TEEN AWARENESS MONTH**  
**LAKELAND HILLS FAMILY YMCA**  
**FREE COMMUNITY PROGRAM OPEN TO ALL**

Here are some startling statistics about New Jersey teen drug abuse:

- Not affected by where they live: Urban, rural, suburban
- 40% of teens aged 12-17 admitted to smoking marijuana
- NJ has some of the cheapest, purist heroin in the USA
- NJ has 6th highest death rate of youth drug overdoses in USA
- 70% of teens who abused prescription drugs say they get them from a relative or friend

This program, presented by Atlantic Health, will focus on:

- Drug Use Warning Signs
- Drug Trends
- Progression of Use
- Treatment Information

## DATE & TIME

Tuesday, March 20 at 6pm

## REGISTRATION

Click, call, or come in

## CONTACT

Rosemary Linder Day: [RosemaryL@Lhymca.com](mailto:RosemaryL@Lhymca.com)



**MARCH IS PARENT/TEEN AWARENESS MONTH - ALL PROGRAMS ARE TUESDAYS AT 6PM**

### SCHEDULE OF FREE COMMUNITY PROGRAMS:

**MARCH 6:** Fueling Today's Young Athlete

**MARCH 13:** Hidden in Plain Sight Drug Awareness Event

**MARCH 20:** Substance Abuse Among Teens

**MARCH 27:** Training Today's Young Athlete

## LAKELAND HILLS FAMILY YMCA

100 Fanny Road, Mountain Lakes, NJ 07046  
P 973 334 2820 F 973 334 1308  
[www.lakelandhillsymca.com](http://www.lakelandhillsymca.com)

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