



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SERVE SET SPIKE



## LAKELAND HILLS FAMILY YMCA MIDDLE SCHOOL VOLLEYBALL LEAGUE

### DATES

March 1 – May 3

### TIME

Wednesdays 6:00 – 7:00 PM

### FEES

\$85 members / \$125 non-members

Learn to dig, serve, set and spike during our new volleyball program. Practice your skills to build confidence and prepare for games.



### REGISTRATION

[Youth Fun & Fitness | Programs | Lakeland Hills Family YMCA \(lakelandhillsymca.com\)](#)

### QUESTIONS

Contact Kim Kostrowski: [kimk@lhymca.com](mailto:kimk@lhymca.com)

### LAKELAND HILLS FAMILY YMCA

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