



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

the YMCA

# HEALTHY KIDS DAY®

April 30

30 Years of Celebrating Healthy Kids

**Lakeland Hills Family YMCA**

**SATURDAY, APRIL 30 FROM 1:00–3:00PM\***

**Families and kids take over the Y for 2 hours of fun activities:**

### Indoor Sports Arena:

- Hot Shot Basketball Contest
- Family Goal Kick Contest
- Inflatable GAGA
- Inflatable Axe Throwing
- Family Agility Challenge
- Preschool Bounce House and Obstacle course

### Outdoor Activities:

- Bike and Car Seat Safety Checks provided by Mountain Lakes Police Department
- Touch-a-Truck: Mountain Lakes Volunteer Fire Department
- Popcorn Stand
- Airbrush Tattoos

**Local Health & Wellness Professionals**

### REGISTRATION & MORE INFO

- Register online: [Program Registration | YMCA Counter \(lakelandhillsymca.com\)](https://www.lakelandhillsymca.com/program-registration)
- Members: \$20 per family
- Non-Members: \$30 per family

### LAKELAND HILLS FAMILY YMCA

100 Fanny Road, Mountain Lakes, NJ 07046

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[www.lakelandhillsymca.com](http://www.lakelandhillsymca.com)

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